

Mission Statement of the Sharon Health Initiative:

To provide personal attention, assessment, advocacy and referral within the health care system, especially for our elders who need assistance aging in place.

Our community coordinator can:

- ♥ Coach individuals regarding medical advice and medication management
- ♥ Assist in coordinating post-hospital care with discharge planners
- ♥ Communicate with primary care providers, specialists and home nursing agencies to address changing needs
- ♥ Help individuals access appropriate medical care in a timely way
- ♥ Facilitate family discussions about difficult issues regarding caring for a family member, advanced directives, and caregiver issues
- ♥ Make suggestions that improve home safety and maximize mobility
- ♥ Link individuals and families to community resources to help with transportation, meals, social isolation and care-giver fatigue
- ♥ Build relationships within the community to develop resources, promote case identification, and enhance care coordination
- ♥ Provide health education



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Sharon Community Health Care Coordinator (CHCC)

The CHCC provides support, guidance, and education to individuals and families dealing with illness, aging, disability, or family crisis.



Through a modest town appropriation, a grant from the Upper Valley Community Nursing project, foundation and individual gifts, we have created a part time position for a health care coordinator in the town of Sharon. This position is overseen by a non-profit board: **The Sharon Health Initiative**.

There is NO CHARGE to individuals using the services of our CHCC.

If you would like to support the efforts of the SHI, please feel free to send a tax-deductible donation to:

Sharon Health Initiative
PO Box 42
Sharon, VT 05065

Why do we need a CHCC?

There are already many services available for meeting all kinds of health care needs. Some services are managed and funded locally; some regionally; some statewide and others nationally. Individuals needing care sometimes don't get that care because they don't know it exists or because it is challenging to deal with all the agencies providing it.



The CHCC can offer:

- health education
- health counseling
- referral agent/care coordination for vulnerable family members
- health advocacy
- volunteer education and/or facilitation
- facilitate support groups
- care management
- medication management
- initiate advance directives
- physical assessment
- arrange for assistance with transportation, meal preparation

Dena Wilkie

Community Health Care Coordinator
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Office hours by appointment

At the LIGHTHOUSE